



BREAKFAST

FEBRUARY

2020

GOOD EATS AT

It's **LORENA LIGHTNING**

YOU ART
WHAT YOU EAT

Art Contest
ENTER TODAY
SquareMeals.org/
ArtContest

M	T	W	TH	F
APPLE JACKS CEREAL 180G TEDDY GRAHAM CRACKER FRUIT VARIETY MILK 3	YOGURT CUP W/ GRANOLA FRUIT VARIETY MILK 4	CHEERIOS CEREAL 19G GRAHAM'S BUG BITES FRUIT VARIETY MILK 5	BANANA MUFFIN FRUIT VARIETY MILK 6	APPLE JACKS CEREAL 180G ELF GRAHAM CRACKER FRUIT VARIETY MILK 7
ASSORTED MUFFIN FRUIT VARIETY MILK 10	BAGEL, CINAMON RAISIN CREAM CHEESE FRUIT VARIETY MILK 11	CHOCOLATE MUFFIN GRAHAM CRACKER BUG BITES FRUIT VARIETY MILK 12	APPLE JACKS CEREAL 180G STRING CHEESE FRUIT VARIETY MILK 13	CEREAL FROOT LOOPRED BLUE BERRY MUFFIN FRUIT VARIETY MILK 14
APPLE JACKS CEREAL 180G TEDDY GRAHAM CRACKER FRUIT VARIETY MILK 17	YOGURT CUP W/ GRANOLA FRUIT VARIETY MILK 18	CHEERIOS CEREAL 19G GRAHAM'S BUG BITES FRUIT VARIETY MILK 19	BANANA MUFFIN FRUIT VARIETY MILK 20	APPLE JACKS CEREAL 180G ELF GRAHAM CRACKER FRUIT VARIETY MILK 21
ASSORTED MUFFIN FRUIT VARIETY MILK 24	BAGEL, CINAMON RAISIN CREAM CHEESE FRUIT VARIETY MILK 25	CHOCOLATE MUFFIN GRAHAM CRACKER BUG BITES FRUIT VARIETY MILK 26	APPLE JACKS CEREAL 180G STRING CHEESE FRUIT VARIETY MILK 27	APPLE JACKS CEREAL 180G ELF GRAHAM CRACKER FRUIT VARIETY MILK 28

Pre-K

SPECIAL ANNOUNCEMENTS

MENU SUBJECT TO CHANGE



Food and Nutrition Division | National School Lunch Program and School Breakfast Program

GET READY

SCHOOL BREAKFAST WEEK

MARCH 2-6

SquareMeals.org/SBW



Northwest Catering



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER



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CINAMON TOAST CEREAL TEDDY GRAHAM CRACKER FRUIT VARIETY CHOICE OF MILK 3	YOGURT CUP W/ GRANOLA FRUIT VARIETY CHOICE OF MILK 4	CHEERIOS CEREAL 28G GRAHAMS BUG BITES FRUIT VARIETY CHOICE OF MILK 5	BANANA MUFFIN ELF GRAHAMS FRUIT VARIETY CHOICE OF MILK 6	BREAKFAST DONUT FRUITY CHEERIOS CEREAL FRUIT VARIETY CHOICE OF MILK 7
CEREAL-COCOA PFFS ASSORTED MUFFIN FRUIT VARIETY CHOICE OF MILK 10	BAGEL, CINAMON RAISIN CREAM CHEESE FRUIT VARIETY CHOICE OF MILK 11	CHOCOLATE MUFFIN GRAHAM CRACKER BUG BITES FRUIT VARIETY CHOICE OF MILK 12	APPLE JACKS CEREAL 28G STRING CHEESE FRUIT VARIETY CHOICE OF MILK 13	CEREAL FROOT LOOPRED BLUE BERRY MUFFIN FRUIT VARIETY CHOICE OF MILK 14
CINAMON TOAST CEREAL TEDDY GRAHAM CRACKER FRUIT VARIETY CHOICE OF MILK 17	YOGURT CUP W/ GRANOLA FRUIT VARIETY CHOICE OF MILK 18	CHEERIOS CEREAL 28G GRAHAMS BUG BITES FRUIT VARIETY CHOICE OF MILK 19	BANANA MUFFIN ELF GRAHAMS FRUIT VARIETY CHOICE OF MILK 20	BREAKFAST DONUT FRUITY CHEERIOS CEREAL FRUIT VARIETY CHOICE OF MILK 21
CEREAL-COCOA PFFS ASSORTED MUFFIN FRUIT VARIETY CHOICE OF MILK 24	BAGEL, CINAMON RAISIN CREAM CHEESE FRUIT VARIETY CHOICE OF MILK 25	CHOCOLATE MUFFIN GRAHAM CRACKER BUG BITES FRUIT VARIETY CHOICE OF MILK 26	APPLE JACKS CEREAL 28G STRING CHEESE FRUIT VARIETY CHOICE OF MILK 27	CEREAL FROOT LOOPRED BLUE BERRY MUFFIN FRUIT VARIETY CHOICE OF MILK 28



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LUNCH

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POPCORN CHICKEN PINTO BEANS MIXED SALAD FRUIT VARIETY KETCHUP-RANCH DRESSING VARIETY OF MILK 3	CHEESEBURGER FRENCH FRIES MIXED SALAD FRUIT VARIETY KETCHUP VARIETY OF MILK 4	BBQ CHICKEN SANDWICH STEAMED BROCCOLI CORN NIBLETS FRUIT VARIETY VARIETY OF MILK 5	CHICKEN NUGGETS STEAMED RICE GREEN BEANS FRENCH FRIES FRUIT VARIETY KETCHUP VARIETY OF MILK 6	PIZZA CHEESE MIXED SALAD BABY CARROT FRUIT VARIETY RANCH DRESSING VARIETY F MILK 7
MINI TURKEY CORN DOGS CARROT COINS GREEN PEAS FRUIT VARIETY KETCHUP VARIETY OF MILK 10	TACO SALAD W/GMD BEEF STEAMED RICE BLACK BEANS FRENCH FRIES FRUIT VARIETY VARIETY OF MILK 11	SPAGHETTI AND MEAT SAUCE STEAMED BROCCOLI TATER TOTS FRUIT VARIETY KETCHUP VARIETY OF MILK 12	TEXAN HOT DOG FRENCH FRIES CHERRY TOMATO FRUIT VARIETY MUSTARD, MAYONNAISE VARIETY OF MILK 13	PIZZA CHEESE MIXED SALAD BABY CARROT FRUIT VARIETY RANCH DRESSING VARIETY F MILK 14
BREAKFAST FOR LUNCH (PAN CAKE) CORN FRUIT VARIETY KETCHUP VARIETY OF MILK 17	NACHOS WITH GROUND BEEF STEAMED BROCCOLI GREENS PEAS FRUIT VARIETY KETCHUP VARIETY OF MILK 18	CHICKEN TENDERS STEAMED RICE BAKED BLACK BEANS VEG CARROT COINS FRUIT VARIETY VARIETY OF MILK 19	MACARRONI AND CHEESE GREEN BEANS TATER TOTS CHOCOLATE CHIP COOKIE KETCHUP FRUIT VARIETY VARIETY OF MILK 20	PIZZA CHEESE MIXED SALAD BABY CARROT FRUIT VARIETY RANCH DRESSING VARIETY F MILK 21
POPCORN CHICKEN PINTO BEANS MIXED SALAD FRUIT VARIETY KETCHUP-RANCH DRESSING VARIETY OF MILK 24	CHEESEBURGER FRENCH FRIES MIXED SALAD FRUIT VARIETY KETCHUP VARIETY OF MILK 25	BBQ CHICKEN SANDWICH STEAMED BROCCOLI CORN NIBLETS FRUIT VARIETY VARIETY OF MILK 26	CHICKEN NUGGETS STEAMED RICE GREEN BEANS FRENCH FRIES FRUIT VARIETY KETCHUP VARIETY OF MILK 27	PIZZA CHEESE MIXED SALAD BABY CARROT FRUIT VARIETY RANCH DRESSING VARIETY F MILK 28



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